

Relax Renew Revive Massage Therapy



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Hello!

Its been awhile, but it looks like I can share great news with you. The State of Kentucky has announced that I can begin taking clients on June 1, 2020. The first week or two will be a trial opening to be sure that enough people feel comfortable booking in order to remain open. During this period appointments need to be made through me directly. You can call/text me at 502-523-2513 or email me, admin@massagetherapy.healthcare.

Things will be different for the foreseeable future, but it's all for our health and peace of mind. There are specific guidelines we both need to follow to ensure our safety and remain open.

On my end, the office will be missing some minor amenities such as a water pitcher, candy dish, and magazines. Anything else that could be randomly touched will be removed as well. I will have at least a 30 minute gap between each session. If you arrive early, you must remain outside until 10 minutes before your scheduled session. This will allow the preceding client to exit without contact. When arriving very early, you need to text me from your car, or if it's within 10 minutes, you may come up.

The state has urged us to take as few in-person payments as possible to reduce contact. There is information on my website under "scheduling and payments" that will explain this further. www.massagetherapy.healthcare

You **MUST** take the time to read the following before you book your appointment.

Scheduling your appointment: You need to consider several points. One stands alone and it may come across as harsh, but it's non-negotiable. IF you have ignored the COVID-19 safety guidelines, I will not see you as a client at this time. I'm not putting the health of myself, my family and other clients at risk. I can't think of any regular clients who would do this, but it must be said.

Are you symptom free? If the answer to any of the following is “yes”, you need to stay home and potentially contact a physician.

- 1) Do you have a cough, fever, shortness of breath, chills, unusual muscle pain, sore throat?
- 2) Have you left the State of Kentucky within the last two weeks?
- 3) Have you been in contact with anyone who has COVID-19?

When you arrive, these questions will be asked again and your temperature taken with a forehead thermometer similar to what your doctor uses. IF there is a temperature, you’ll be sent home and advised to see your physician. As mentioned previously, things will be a bit different. I will be wearing a mask during your session, and you will need to as long as you are laying face up. You will also need to be wearing your mask as you enter the office.

I hope to see you soon but completely understand if you don’t feel that the time is right.

Sincerely,
Kenny Lyons LMT